

NORGE



Lillehammer Olympic
Legacy Sports Centre



Lillehammer Para Nordic skiing camp 2020 – Digital Edition

22th-25th of November 2020

THE CAMP EXPERIENCE

- A daily physical workout
- A daily digital lecture/talk each day at 7 pm
- A daily digital coaches meeting each day at 8.30 pm

* All times in CEST +2 (Oslo-time)

Presenters digital daily lecture:



Nils Erik Ulset: First appearance in Paralympic Games in 2002. He has 31 championship medals, 15 of them in Paralympic games.



Erlend Bjøntegaard: He made his IBU World Cup debut in 2012. In the season 19/20 he finished nr. 12 in the total IBU world cup score.



Vilde Nilsen: At her first World Championships in 2019 she took 4 Gold medals and she won the cross country World Cup globe in the Women's standing category both in the 2018/2019- and 2019/2020 season.



Eileen Carey: Head Coach Team USA/Director of U.S. Paralympics Nordic Skiing



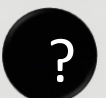
Mikko Kokslien: Former Nordic Combined athlete and currently working in the Norwegian Centre of Elite Sports, region Innlandet. In total 7 World Cup victories and 5 medals from the World Championships.



Harri Luchsinger: Head of development at the Norwegian Biathlon Association



Camilla Aasen Mæland: Nutritionist at the Norwegian Centre of Elite Sports, region Innlandet



More interesting speakers to be announced soon.

PRACTICAL INFORMATION

• Participants: Targeted to «Heroes of tomorrow»-athletes and their coaches inside Para Cross Country skiing and Para Biathlon, but open for everyone. The athletes should be 15 years and older.

PRICE AND PAYMENT INFORMATION

• Due to the COVID 19 situation, we have decided to offer the digital camp for free in 2020.

REGISTRATION*

- Please find registration form here: <https://bit.ly/311R34L>
- Registration deadline: November 12th

*We have put a big effort into the program and would appreciate that you participate in the whole program if you sign up for the camp.

CAMP ORGANIZATION

• Lillehammer Olympic Legacy Sports Centre, the Norwegian Ski Federation and the Norwegian Biathlon Association will together with World Para Nordic skiing organize the camp. The goal with the camp is to share knowledge and to develop the Para Nordic skiing sport in general.

About the Lillehammer Olympic Legacy Sport Center

Lillehammer Olympic Legacy Sport Centre aims to give young athletes, coaches & leaders the possibility to develop their skills inside wintersports. The center is located in Lillehammer and was established after the Youth Olympics in Lillehammer 2016.

Contact

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